



## Prayer

### What is prayer?

In Hebrew scripture it says it's an interaction with LORD.

It could be spontaneous, organized, unorganized, private or public. You can open up your mind without the awareness of your surroundings.

### What happens in Prayer?

There are 2 worlds, which we call as spiritual world and evil world. There is always a fight between these worlds which we are not aware. We are all a part of spiritual world where GOD resides in each one of us and the evil world does not want us to be in the spiritual world, hence finds different ways and means to keep us away from it.

Heartfelt, persistent prayer touches Lord's heart. We address directly to God. Our situation, our trouble, our issues are spoken to him directly, not through anyone.

We get empowered with LORD.

The other world will put a hindrance in your prayer. It will try to bring in a situation where you will be entangled in your work or get involved into a mess or trouble completely and we become bonded to it.

For eg: When a culprit is taken, by the jailer he cuffs on both the hands at the back because the culprit might try to find different ways to escape, similarly the evil world puts a cuff on our hands, minds and put us in a bondage of prayerlessness which leads to not praying.... And, when you do not pray you cannot have a manifestation of Lord, and when you do not have manifestation... your problems cannot be conveyed and when it cannot be conveyed how can GOD fight for you?

So, for God to fight on your behalf, Lord needs to be invited into your life, and He should be given full control of your life, and prayer is the apt tool for that conversation with God. Hence prayer is necessary.

At times, you will feel stressed to pray, sometimes you feel that there is too much things going on in mind, sometimes you feel it's too much; time to get up; remember these are the signs of bonding of Satan.

### How does it impact?

Your joy finishes, you start getting irritated with small things, feels stressed-out at all times, these things indicate that you are in bondage and you need help from God to come out of it.

### What's the danger if you do not pray?

Say for eg, if you skip a meal or a day's meal its fine...but if you do not eat for days what will happen? You will lose the strength to fight against infections, you look tired, your body will have no energy to withstand fatigue.... similarly, you can skip your prayer for a day or two but then when it happens for a long period of time you become weak and satanic power knows very well that you are weak and will start attacking you repeatedly every day, every opportunity without fail.

So, friends when you are in such situation you should know that you lose the manifestation of Lord within you leading to failures.

### Now, what should we do? How to break the bondage?

#### Lamentation 3:21

**“Yet this I call to mind  
and therefore I have hope.”**

- 1) Remember your previous situation where you had experienced similar downturn, prayerlessness which lead to huge consequences and disturbance, you called up to the Lord and HE came running to pull you out from danger. So, recollect your past testimonies and thank God.
- 2) Block your leakages.  
  
For eg in a water tank which has seepage/leakage the water will never stay...it will dry off over a period of time. Similarly, our prayer life is like a tank which keeps filling you every time you pray, but if there is a leakage somewhere you will obviously have to work more hard to refuel it or find the leakage and address it.
- 3) Increase your faith.
- 4) Spend more time in knowing more about God.
- 5) Ask for Holy Spirit to intervene in, who understands us personally more than anyone else.

So, buddies keep refuelling your prayer tank and let it overflow

Shalom to all!

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